# **Terms & Conditions**

**Uplift Dance & Fitness**



Last Reviewed - April 2025

**1. Introduction**

Welcome to Uplift Dance & Fitness. By enrolling in our classes or attending any events hosted by the school, you agree to comply with the terms and conditions set out in this policy. We are committed to providing a safe, enjoyable, and professional environment for all students and their families, and these terms help ensure that everyone has a positive experience at our school.

**2. Enrollment and Fees**

* **Enrollment**: All students must complete a registration form before attending classes. Registration includes consent to follow the school’s policies and terms.
* **Fees**: Class fees must be paid in full or according to the agreed payment schedule before attending any classes or events. Fees are non-refundable except in exceptional circumstances, which will be assessed on a case-by-case basis.
* **Payment Terms**: Payments for classes and events can be made through the website at the time of booking.

**3. Cancellations**

* **Class Cancellations by the School**: Uplift Dance & Fitness reserves the right to cancel or reschedule classes due to unforeseen circumstances (e.g: instructor illness, venue unavailability). In this case, students will be informed as soon as possible, and alternative arrangements (such as a rescheduled class or a refund) will be offered.
* **Class Cancellations by Students**: If a student wishes to cancel or miss a class, we request that notice be given 24 hours in advance. Refunds will not be issued for missed classes unless due to exceptional circumstances (e.g., illness with a doctor’s note). For term-based classes, missed classes cannot be carried over to the next term.
* **Event Cancellations**: If you are unable to attend a performance, competition, or other event organised by the school, please notify us as early as possible. Refunds or rescheduling may not be available for cancellations made within 7 days of the event.

**4. Attendance**

* **Punctuality**: Students should arrive on time for all classes. Late arrivals can disrupt the flow of the lesson and may not be allowed to participate in certain warm-up activities.
* **Absences**: Regular attendance is important to progress in dance/ fitness training. If you know in advance that a student will be absent, please inform the school as soon as possible.

**5. Behavior and Conduct**

* **Respectful Behavior**: Students and parents are expected to behave respectfully toward each other, staff, and the school's premises. We do not tolerate bullying, harassment, or disruptive behavior. Any behavior deemed inappropriate may result in the student being removed from the class or school.
* **Code of Conduct**: All students must adhere to the school's code of conduct, including but not limited to:  
  + Treating instructors and fellow students with respect.
  + Following all health and safety guidelines.
  + Wearing appropriate clothing and footwear for each class.

**6. Social Media and Online Interaction**

* **Respect and Privacy**: Uplift Dance & Fitness encourages positive online engagement but expects all students and families to be respectful and mindful of others’ privacy. Any photos, videos, or content shared online should not violate the privacy or dignity of students or staff.
* **Official School Accounts**: Students and parents are welcome to follow our official social media accounts for updates, event information, and more. However, we request that personal posts, comments, or messages remain appropriate and respectful.
* **Student Participation in Social Media**: By enrolling, you agree that Uplift Dance & Fitness may use photographs or videos of students for promotional purposes on our website, social media, brochures, and other marketing materials unless otherwise stated. If you do not wish for your child or yourself to be featured in such media, you must notify the school in writing before the start of the term or event.

**7. Photo and Video Consent**

* **Photography and Video**: During certain classes, events, or performances, photography and video recordings may be taken. By attending the school or participating in these events, you consent to the use of your or your child’s image in photos or videos for promotional, educational, and marketing purposes, unless you specify otherwise.
* **Request to Opt-Out**: If you or your child do not wish to be photographed or filmed, please inform the school in writing, and we will ensure that you are not included in any photos or videos.

**8. Health and Safety**

* **Physical Health**: It is important that students disclose any medical conditions or injuries to the instructors before attending classes. Students should not participate in classes if they feel unwell or injured.
* **Safety Guidelines**: Students must follow all safety instructions provided by instructors, particularly during warm-ups, choreography, and use of equipment. Any concerns about safety should be immediately reported to an instructor or staff member.
* **Injury or Illness**: If a student is injured or becomes unwell during class, they must inform the instructor immediately. A named emergency contact will be contacted in the case of a serious injury.

**9. Dress Code**

Students must adhere to the dress code for each class to ensure safety and facilitate proper movement. Specific dress requirements will be provided at the time of registration or in class-specific information. Failure to adhere to the dress code may result in being unable to participate in the class.

**10. Liability**

* **Liability Waiver**: By attending classes, events, or performances, students and parents acknowledge that dance/ fitness is a physically demanding activity that involves an inherent risk of injury. Uplift Dance & Fitness takes every precaution to prevent injuries, but students participate at their own risk.
* **Insurance**: Uplift Dance & Fitness holds public liability insurance and any other insurances needed for the activities taking place.

**11. Amendments to Terms and Conditions**

Uplift Dance & Fitness reserves the right to amend these Terms and Conditions at any time. Any changes will be communicated to students and parents, and the updated policy will be available on our website.

**12. Termination of Agreement**

Uplift Dance & Fitness reserves the right to suspend or terminate the enrollment of a student who consistently violates the school’s policies, behaves inappropriately, or fails to adhere to the terms and conditions outlined in this policy.

By registering or enrolling in classes at Uplift Dance & Fitness, you confirm that you have read, understood, and agree to abide by these Terms and Conditions.

This policy was last updated on 14th April.